Call 13 19 01 and talk to a member of our

Specialist Indigenous Recruitment Team about AIDP

# Army Indigenous

# Development Program (AIDP)

Education, Fitness, Culture & Resilience Training



**JANUARY 2024** 

## About

#### the program

Want to start an exciting and rewarding career full of opportunity? The Army Indigenous Development Program (AIDP) can help you get there.

Located in Kapooka (NSW) and Darwin (NT), AIDP is designed to help Indigenous Australians meet the requirements to join. Over 17 weeks, you'll see drastic improvements in your education, physical and mental fitness. And you'll get paid to train as a full-time, enlisted Army trainee.

By the end of the program, you'll have gained the skills, confidence, resilience, and knowledge to progress through Initial Military Training, and begin an exciting and rewarding career in the Army.

#### What the

### program involves

Education: Maths and English as part of a Certificate II in Vocational Skills and Work, First Aid training

Army Skills: Military history and customs, routine, basic drill and teamwork

Personal Development: Self-confidence, mindset, leadership and resilience training

- Fitness: Including circuit, strength and endurance training
- Adventure: Undertaking caving, roping, abseiling or kayaking
- Cultural Activities: Mentoring, Indigenous history and cultural experiences

You will be guided through the program from start to finish. Your support network will include Indigenous Mentors and Elders, Army Instructors, Educators and your peers. This network will help build connections to culture, country and ancestry in a like-minded, collaborative environment.

You'll also learn about a wide range of jobs in the Army and have opportunities to speak with serving soldiers. We'll work with you to identify and pursue a role that suits you best, with your preferences considered.



#### How to join

#### 1. Apply for General Entry

AIDP is designed for First Nations Australians who want to join the Army but require additional support to prepare. Need help with your application? Give us a call on 13 19 01, or visit adfcareers.gov.au to find out more.

#### 2. Get Recommended

Our dedicated Specialist Indigenous Recruitment Team will set you up for success by guiding you through the recruitment process and available programs. They'll help find what's best for you.

#### Indicative Schedule - 17 week program

# The first two weeks

Key Training

Morning duties

Basic drill

- Military conduct
- Physical training



#### **Program Requirements**

You must:

- Be Aboriginal or Torres Strait Islander
- Meet the minimum age requirements (17 for Kapooka, 18 for Darwin)
- Be applying for a full-time General Entry Army role and not yet meet the education, aptitude, medical or fitness requirements. OR be applying directly to AIDP.

If you join and don't yet meet the medical or psych requirements, we'll help support you throughout the program, including appointments with medical staff that will help you overcome those hurdles.

You'll be introduced

with an introduction

These first weeks will

combine basic Army

duties with fitness.

to life in the Army

to military routine.

Take the next step with your training and education while also learning about the history and structure of the Army. You'll also experience a week of Adventure Training out in nature with character-building exercises.

#### **Key Training**

- Year 10 equivalent Maths and English classes
- Research lessons
- Indigenous and Army culture
- Mental resilience & self confidence
- Leadership
- Navigation and environmental survival
- First aid
- Physical training



# 3 Weeks

15-17

Finish AIDP with revision, course reflection, a week break to go back home, and graduation.





#### Move straight

#### into your IMT

# What happens after completing AIDP?

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On completion of the program, you'll have the skills and knowledge you need to succeed. The choice is now yours for what happens next. When you successfully pass your Pre-Fitness Assessment, you can start your career in the Army and commence the Recruit Course. There, you'll continue your training with the extra fitness, resilience and confidence you have developed.

OR you can take your new skills (along with a Certificate II in Vocational Skills for Work) back to your community and make a positive impact.