

# Army Reserve



 Army Reserve.  
Challenge Yourself.




# Make a difference

As a member of the Army Reserve, you'll join people from all backgrounds who want to add a new dimension to their lives.

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You'll get involved in rewarding activities such as supporting humanitarian missions, disaster-relief activities, security tasks and combat operations. With a desire to 'give something back', you'll be serving the country you love and benefitting the broader community.

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 This brochure provides an overview of the Army Reserve. Look out for the search symbol to access additional information online.



# What's featured inside



# Today's

# Army Reserve



## Who we are

The Army Reserve is a dynamic, supportive and future-focused organisation. Working alongside the full-time Army, we are a fully-trained, part-time defence force comprising of:

- 14,000+ part-time soldiers and officers
- 50+ reserve units across Australia

## What we do

Our core purpose is to support the Army in defending Australia's interests. Equipped with advanced weaponry, vehicles, technology and military tactics, we engage in:

- Combat exercises and operations
- Humanitarian operations
- Disaster relief missions
- Border protection patrols
- Security tasks

## How we recruit

We welcome diversity and are committed to equality. Our roles are open to all Australian Citizens, regardless of ethnic origin and cultural background. Additionally, we accept a range of different skillsets and backgrounds.

Women in the Army Reserve receive exactly the same job choices, pay and training as men, and opportunities for promotion are based solely on potential, effort and achievement.

See how your business can benefit from employing and supporting an Army Reservist at [defencejobs.gov.au/armyreserve](https://defencejobs.gov.au/armyreserve)

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Everyone's story is different, but a common thread is the chance to do something exciting, worthwhile and physically active in a dynamic team environment, while making a difference. Other things our reservists love include:

### **Personal benefits**

- Opportunities to help others
- Travel and memorable experiences
- Fully-flexible commitment
- Camaraderie and friendships

### **Career benefits**

- Job training that benefits your full-time work
- Management and leadership training
- Professional development opportunities
- Networking with people from all walks of life

### **Financial benefits**

- Tax-free pay plus allowances
- Free uniform including footwear
- Free healthcare, food and accommodation while on exercises and operations

### **Army Reserve benefits**





A man and a woman in military camouflage gear are holding a thick rope together outdoors. The man is on the left, and the woman is on the right, smiling. They are both wearing olive green long-sleeved shirts and camouflage pants. The background shows a blue sky with white clouds and green trees.

Why people

join us

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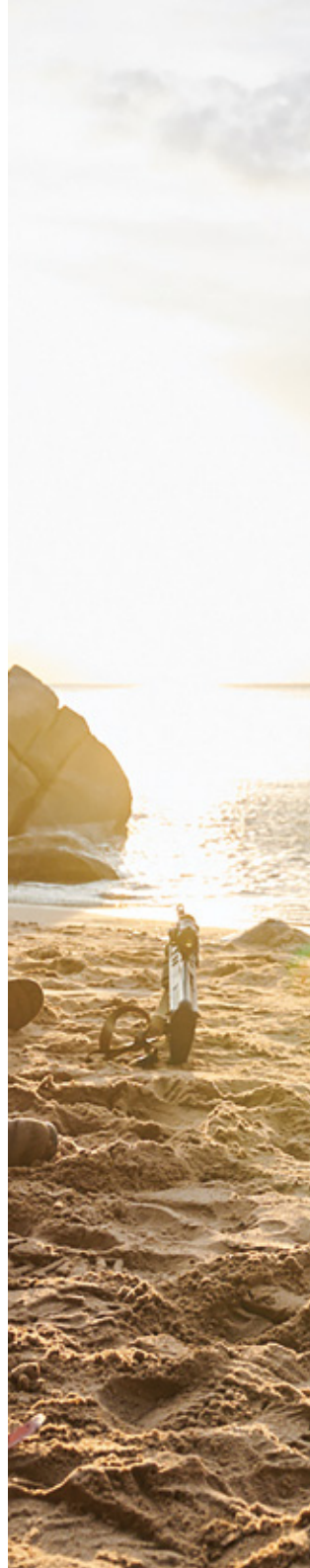
How you spend your time in the Army Reserve will depend on your role and rank plus your availability. Your commitment is flexible, and service is voluntary, and it's important your reserve activities fit in with your work, social, and home life.

## Initial Training

- 35 days for most roles
- Can be much less if you join with relevant qualifications
- See page 26 to find out what's involved

## Ongoing Training

- Once trained you'll be expected to serve for 20 to 100 days per year
- Generally this can be done as one night a week, a weekend a month or a few weeks per year.
- Your employer should be supportive of your commitment to the Army Reserve
- Deployments overseas for extended periods are voluntary and there are plenty of ways to serve closer to home
- You can leave the Army Reserve whenever you like without notice



# Flexible service



“ For me, joining the Reserve was about the challenge, mateship and doing something different ”

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Victoria Starks

Full-time Civilian Nurse  
Part-time Army Reserve Medic



# Soldier or officer?





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The route you choose will depend on the job you're interested in and the qualifications you've gained at high school and beyond.

## **Soldiers are our hands-on military and trades people**

These reservists are hardworking, practical and resourceful, with the skills to carry out the everyday activities the Army relies on to operate effectively. You'll require a minimum of Year 10 passes in Maths and English, though the Army may be able to assist you with this.

You can either:

- Train in a military role such as infantry, artillery or transport, OR
- Apply your trade or technical skills to a rewarding new challenge.

## **Officers are our mentors and commanders**

These reservists are decision makers and tactical thinkers, with the qualities to instruct and mentor those under their command.

You'll require a minimum of Year 12 passes in English and three other subjects.

You can either:

- Gain leadership and management skills in a military role such as infantry, signals or armoured, OR
- Build upon your current profession in areas such as medicine, law or engineering.

‘ While the Army Reserve has given me the chance to live and experience the Army life, I haven’t had to sacrifice my civilian life ’

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Ajay Gill

**Full-time Civilian Planning Analyst**  
**Part-time Army Reserve Officer**





# Roles on offer





There's a job in the Army Reserve that matches your skills, qualifications and ambitions.



All offer the opportunity to move up the ranks into increased levels of responsibility and leadership. The following roles are subject to availability in your area.

## Business & Administration

### **Soldier**

- Administration Assistant

### **Officer**

- Accountant
- Lawyer
- Education Officer

## Combat & Security

### **Soldier**

- Armoured Vehicle Crew
- Artillery Light Gunner
- Combat Engineer
- Infantry Soldier
- Military Police
- Regional Force Soldier

### **Officer**

- Armoured Officer
- Artillery Officer
- Infantry Officer
- Military Police Officer

## Communications, IT & Intelligence

### **Soldier**

- Communications Systems Operator

### **Officer**

- Public Relations
- Signals Officer





## Engineering

### Officer

- Electrical and Mechanical Engineer
- Engineering Officer
- Electronic / Mechatronic Engineer
- Civil Engineer

## Healthcare, Science & Chaplaincy

### Soldier

- Environmental Health Assistant
- Medic
- Paramedic

### Officer

- Anaesthetist
- Burns Surgeon
- Cardiothoracic Surgeon
- Chaplain
- Dentist
- Doctor
- Environmental Health Manager
- Faciomaxillary Surgeon
- Forensic Pathologist
- General Surgeon
- Gynecologist
- Health Officer
- Infectious Disease Physician
- Intensivist
- Medical Procedural Specialist
- Medical Scientist - Research
- Medical Scientist - Pathology
- Neurosurgeon
- Nurse – Peri-Operative
- Nurse – Intensive Care
- Nurse – Accident & Emergency
- Nurse - Psychiatric
- Obstetrician Gynecologist
- Occupational Hygienist
- Ophthalmologist
- Orthopaedic Surgeon
- Pharmacist
- Physiotherapist
- Public Health Physician
- Psychiatrist
- Psychologist
- Radiographer
- Radiologist

## Logistics, Hospitality & Support

### Soldier

- Chef
- Driver
- Musician
- Warehouse Assistant

### Officer

- Ordnance Officer
- Transport Officer

## Trades

### Soldier

- Carpenter
- Electrical Technician
- Electrician
- Electronic Systems Technician
- Fitter Armament
- Metalsmith
- Plumber
- Recovery Mechanic
- Vehicle Mechanic

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Learn about the roles available at your local unit at:

 [reserves.defencejobs.gov.au](https://reserves.defencejobs.gov.au)

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Locate your nearest Army Reserve unit:

 [defencejobs.gov.au/reserveunitlocator](https://defencejobs.gov.au/reserveunitlocator)





“ I was looking for a personal challenge – something that would give me an opportunity to learn new skills and help others ”

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Jennifer Welby

**Full-time Civilian Personal Trainer**

**Part-time Army Reserve Warehouse Coordinator**



The Army Reserve will equip you with new skills, experience and knowledge beyond your day job.

Army training is highly regarded in business and will benefit your whole career.

## Soldier Training

📍 Kapooka,  
Wagga Wagga, NSW

🕒 35 days

### Includes:

- Weapon handling
- Combat skills
- First aid
- Teamwork
- Organisation skills
- Army drill
- Field craft

This is followed by employment training relevant to your role, which can be completed in one block or in blocks of 2-7 weeks, within an 18 month period.



World-class  
training

## Special Service Officer training

- 📍 Royal Military College Duntroon, ACT
- 🕒 Varies by specialisation. Ranges from nine days to 41 days in three modules

### **Includes:**

- Leadership and management skills
  - General military duties
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## General Service Officer Training

### **Various team leadership courses**

- 📍 Sydney University Regiment, Singleton, NSW
- 🕒 3 x 16 days

### **All Corps Army Reserve Platoon Commander course**

- 📍 RMC Duntroon, Canberra, ACT
- 🕒 28 days

This is followed by employment training relevant to your role, undertaken over three years at various locations. In addition to developing your leadership and management skills, these courses lead to specialisation in a Corps such as armoured, artillery, infantry, intelligence, engineering, signals or transport.

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## 🔍 Army Reserve Training

# Benefits for employers





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Hundreds of businesses have discovered it pays to have a reservist in your ranks. Your employer will benefit from your service in many ways:

- The positive impact Army training will have on your performance
- Higher corporate status for supporting the defence of Australia
- Potential financial compensation for your absence while on Army duties
- The chance to experience the Army Reserve on discovery days

### **Skills you'll take back to your day job**

- Leadership and management
- Planning and prioritisation
- Time and resource management
- Incident management

### **Qualities your work will benefit from**

- A clear focus on teamwork
  - Positivity and pursuit of goals
  - Self-discipline and self-reliance
  - Initiative and resourcefulness
  - Adherence to high standards
- tips on how best to approach your manager about your desire to serve, go to:

**Q** [reserves.defencejobs.gov.au](https://reserves.defencejobs.gov.au)

# Eligibility

## check



### Nationality

**Australian Citizen  
or Permanent Resident**

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(eligible to apply  
for citizenship)

**17+**

**Age**



### Education

**Soldier**

At least Year 10  
completion with passes  
in English and Maths

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**General Service Officer**

At least Year 12 completion  
with passes in English and  
three other subjects

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**Special Service Officer**

Degree and experience  
relevant to role





## Fitness

Sufficient general fitness to pass a Pre-entry Fitness Assessment (PFA)



Females



Males

### General Entry Combat roles & Officer Entry roles

8 push-ups  
45 sit-ups  
7.5 shuttle run score

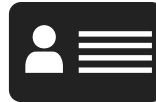
15 push-ups  
45 sit-ups  
7.5 shuttle run score

### General Entry Non-Combat roles

4 push-ups  
20 sit-ups  
6.1 shuttle run score

8 push-ups  
20 sit-ups  
6.1 shuttle run score

To find out which PFA requirements are relevant to you [Q Army Health & Fitness](#) or speak to your Careers Coach.



## Driver's licence

Some roles require a valid probationary licence or higher

## ADF ACTIVE



The ADF Active app helps you assess your pre-entry fitness and guides you to the levels you need for the assessment



# Become a Reservist in six steps

1

## **Job consideration**

Browse the roles available at your local unit or further afield, at reserves. [defencejobs.gov.au](http://defencejobs.gov.au)

2

## **Application**

Apply online, call 13 19 01 or visit your local Defence Force Recruiting Centre, providing your contact details, academic achievements and any job preferences you have.

3

## **Your Opportunities Unlimited (YOU) session**

At your local Defence Force Recruiting Centre, chat about your job options with a Career Coach, take a basic aptitude test and complete a medical questionnaire.



4

### **Assessment session**

Undertake a medical assessment and attend psychological and job interviews to have your leadership, teamwork and other areas of potential assessed.

5

### **Pre-entry fitness assessment**


You'll need to complete a Pre-entry Fitness Assessment (PFA) consisting of push-ups, sit-ups and a shuttle run (beep test).

6

### **Appointment day**

Have a final medical check and join family and friends for the welcome ceremony, before embarking on an exciting new part-time career in the Army Reserve.





‘ It’s great to be able to supplement my income with tax-free pay, and get the opportunity to see and do different things that I wouldn’t get anywhere else ’

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Simon Chan

Full-time Civilian Banker

Part-time Army Reserve Infantry Soldier

# Take

# next step

## Find out more online


Learn more about the roles, opportunities and rewards on the Defence Jobs website:  
[reserves.defencejobs.gov.au](https://reserves.defencejobs.gov.au)

## Visit a recruiting centre

Defence Force Recruiting Centres are located across Australia. Find your nearest here:  
[defencejobs.gov.au/centres](https://defencejobs.gov.au/centres)


## Connect with us

 defence jobs australia

 defencejobsaust

 defence jobs australia

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 @defencejobsaust

## Chat with a recruiter

Call us on 13 19 01

All information contained in this brochure is to the best of our knowledge accurate at the date of publication – but may be subject to change after publication without notice. Persons intending to act on any information contained within this brochure should first check with their local Defence Force Recruiting Centre whether or not the information is still correct and accurate.





Call 13 19 01 or visit

[defencejobs.gov.au/armyreserve](https://defencejobs.gov.au/armyreserve)

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