

Army Reserve



 Army Reserve.
Challenge Yourself.




Make a difference

As a member of the Army Reserve, you'll join people from all backgrounds who want to add a new dimension to their lives.

You'll get involved in rewarding activities such as supporting humanitarian missions, disaster-relief activities, security tasks and combat operations. With a desire to 'give something back', you'll be serving the country you love and benefitting the broader community.

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 This brochure provides an overview of the Army Reserve. Look out for the search symbol to access additional information online.



Today's

Army Reserve



Who we are

The Army Reserve is a dynamic, supportive and future-focused organisation. Working alongside the full-time Army, we are a fully-trained, part-time defence force comprising of:

- 14,000+ part-time soldiers and officers
- 50+ reserve units across Australia

What we do

Our core purpose is to support the Army in defending Australia's interests. Equipped with advanced weaponry, vehicles, technology and military tactics, we engage in:

- Combat exercises and operations
- Humanitarian operations
- Disaster relief missions
- Border protection patrols
- Security tasks

How we recruit

We welcome diversity and are committed to equality. Our roles are open to all Australian Citizens, regardless of ethnic origin and cultural background. Additionally, we accept a range of different skillsets and backgrounds.

Women in the Army Reserve receive exactly the same job choices, pay and training as men, and opportunities for promotion are based solely on potential, effort and achievement.

See how your business can benefit from employing and supporting an Army Reservist at defencejobs.gov.au/armyreserve

Everyone's story is different, but a common thread is the chance to do something exciting, worthwhile and physically active in a dynamic team environment, while making a difference. Other things our reservists love include:

Personal benefits

- Opportunities to help others
- Travel and memorable experiences
- Fully-flexible commitment
- Camaraderie and friendships

Career benefits

- Job training that benefits your full-time work
- Management and leadership training
- Professional development opportunities
- Networking with people from all walks of life

Financial benefits

- Tax-free pay plus allowances
- Free uniform including footwear
- Free healthcare, food and accommodation while on exercises and operations

Army Reserve benefits

Why people join us



Flexible service

How you spend your time in the Army Reserve will depend on your role and rank plus your availability. Your commitment is flexible, and service is voluntary, and it's important your reserve activities fit in with your work, social, and home life.

Initial Training

- 21 days for most roles
- Can be less if you join with relevant qualifications
- See page 26 to find out what's involved

Ongoing Training

- Once trained you'll be expected to serve for 20 to 100 days per year
- Generally this can be done as one night a week, a weekend a month or a few weeks per year.
- Your employer should be supportive of your commitment to the Army Reserve
- Deployments overseas for extended periods are voluntary and there are plenty of ways to serve closer to home
- You can leave the Army Reserve whenever you like without notice



“ For me, joining the Reserve was about the challenge, mateship and doing something different ”

Victoria Starks

Full-time Civilian Nurse
Part-time Army Reserve Medic



Soldier or officer?



The route you choose will depend on the job you're interested in and the qualifications you've gained at high school and beyond.

Soldiers are our hands-on military and trades people

These reservists are hardworking, practical and resourceful, with the skills to carry out the everyday activities the Army relies on to operate effectively. You'll require a minimum of Year 10 passes in Maths and English, though the Army may be able to assist you with this.

You can either:

- Train in a military role such as infantry, artillery or transport, OR
- Apply your trade or technical skills to a rewarding new challenge.

Officers are our mentors and commanders

These reservists are decision makers and tactical thinkers, with the qualities to instruct and mentor those under their command.

You'll require a minimum of Year 12 passes in English and three other subjects.

You can either:

- Gain leadership and management skills in a military role such as infantry, signals or armoured, OR
- Build upon your current profession in areas such as medicine, law or engineering.

‘ While the Army Reserve has given me the chance to live and experience the Army life, I haven’t had to sacrifice my civilian life ’

Ajay Gill

Full-time Civilian Planning Analyst
Part-time Army Reserve Officer



Roles on offer



There's a job in the Army Reserve that matches your skills, qualifications and ambitions.

All offer the opportunity to move up the ranks into increased levels of responsibility and leadership. The following roles are subject to availability in your area.

Business & Administration

Soldier

- Human Resources Administrator

Officer

- Accountant
- Lawyer
- Education Officer

Combat & Security

Soldier

- Armoured Vehicle Crew
- Combat Engineer
- Drone Operator
- Infantry Soldier
- Military Police
- Regional Force Soldier

Officer

- Armoured Officer
- Artillery Officer
- Infantry Officer
- Military Police Officer

Communications, IT & Intelligence

Soldier

- Communications Systems Operator

Officer

- Public Relations Officer
- Signals Officer





Engineering

Officer

- Electrical and Mechanical Engineer
- Engineering Officer
- Electronic / Mechatronic Engineer
- Civil Engineer

Healthcare, Science & Chaplaincy

Soldier

- Environmental Health Assistant
- Medic
- Paramedic

Officer

- Anaesthetist
- Burns Surgeon
- Cardiothoracic Surgeon
- Chaplain
- Dentist
- Doctor
- Environmental Health Manager
- Faciomaxillary Surgeon
- Forensic Pathologist
- General Surgeon
- Gynecologist
- Health Officer
- Infectious Disease Physician
- Intensivist
- Medical Procedural Specialist
- Medical Scientist - Research
- Medical Scientist - Pathology
- Mental Health Nurse
- Neurosurgeon
- Nurse - Peri-Operative
- Nurse - Intensive Care
- Nurse - Accident & Emergency
- Nurse - Psychiatric
- Obstetrician Gynecologist
- Occupational Hygienist
- Ophthalmologist
- Orthopaedic Surgeon
- Pharmacist
- Physiotherapist
- Public Health Physician
- Psychiatrist
- Psychologist
- Radiographer
- Radiologist

Logistics, Hospitality & Support

Soldier

- Chef
- Driver
- Musician
- Warehouse Coordinator/
Storeperson

Officer

- Ordnance Officer
- Transport Officer

Trades

Soldier

- Carpenter
- Electrical Technician
- Electrician
- Electronic Systems Technician
- Fitter Armament
- Metalsmith
- Plumber
- Recovery Mechanic
- Vehicle Mechanic

Learn about the roles available at your local unit at:

[Q defencejobs.gov.au/armyreserve](https://defencejobs.gov.au/armyreserve)



“ I was looking for a personal challenge – something that would give me an opportunity to learn new skills and help others ”

Jennifer Welby
Full-time Civilian Personal Trainer
Part-time Army Reserve Warehouse Coordinator



The Army Reserve will equip you with new skills, experience and knowledge beyond your day job.

Army training is highly regarded in business and will benefit your whole career.

Soldier Training

📍 Kapooka, Wagga Wagga, NSW

🕒 21 days

Includes:

- Weapon handling
- Combat skills
- First aid
- Teamwork
- Organisation skills
- Army drill
- Field craft

This is followed by employment training relevant to your role, which can be completed in one block or in blocks of 2-7 weeks, within an 18 month period.

Special Service Officer training

📍 Royal Military College – Duntroon, ACT

🕒 Varies by specialisation. Ranges from nine days to 41 days in three modules

Includes:

- Leadership and management skills
- General military duties

General Service Officer Training

Various team leadership courses

📍 Sydney University Regiment, Singleton, NSW

🕒 3 x 16 days

All Corps Army Reserve Platoon Commander course

📍 RMC Duntroon, Canberra, ACT

🕒 28 days

This is followed by employment training relevant to your role, undertaken over three years at various locations. In addition to developing your leadership and management skills, these courses lead to specialisation in a Corps such as armoured, artillery, infantry, intelligence, engineering, signals or transport.

🔍 [Army Reserve Training](#)

World-class
training

Benefits for employers



Hundreds of businesses have discovered it pays to have a reservist in your ranks. Your employer will benefit from your service in many ways:

- The positive impact Army training will have on your performance
- Higher corporate status for supporting the defence of Australia
- Potential financial compensation for your absence while on Army duties
- The chance to experience the Army Reserve on discovery days

Skills you'll take back to your day job

- Leadership and management
- Planning and prioritisation
- Time and resource management
- Incident management

Qualities your work will benefit from

- A clear focus on teamwork
- Positivity and pursuit of goals
- Self-discipline and self-reliance
- Initiative and resourcefulness
- Adherence to high standards tips on how best to approach your manager about your desire to serve, go to:

🔍 defencejobs.gov.au/armyreserve

Eligibility

check



Nationality

**Australian Citizen
or Permanent Resident**

(eligible to apply
for citizenship)

17+

Age



Education

Soldier

At least Year 10
completion with passes
in English and Maths.

General Service Officer

At least Year 12 completion
with passes in English and
three other subjects.

Special Service Officer

Degree and experience
relevant to role.



Fitness

**Sufficient general fitness
to pass a Pre-entry Fitness
Assessment (PFA)**

You will need to complete a
specific number of push-ups,
sit-ups and achieve a certain
level on the shuttle run
(beep test).

The number of exercises
depend on the role you're
applying for. To find out
which requirements are
relevant to you, visit the
Army Health & Fitness
webpage or speak to your
Careers Coach.

[Q Army Health & Fitness](#)



Driver's licence

Some roles require
a valid probationary
licence or higher

ADF ACTIVE



The ADF Active app helps
you assess your pre-entry
fitness and guides you to
the levels you need
for the assessment.



Become a Reservist in six steps

1

Job consideration

Browse the roles available at your local unit or further afield, at defencejobs.gov.au/armyreserve

2

Application

Apply online, call 13 19 01 or visit your local Defence Force Recruiting Centre, providing your contact details, academic achievements and any job preferences you have.

3

Your Opportunities Unlimited (YOU) session

At your local Defence Force Recruiting Centre, chat about your job options with a Career Coach, take the Job Opportunities Assessment (JOA) and complete a medical questionnaire.

4

Assessment session

Undertake a medical assessment and attend psychological and job interviews to have your leadership, teamwork and other areas of potential assessed.

5

Pre-entry Fitness Assessment

You'll need to complete a Pre-entry Fitness Assessment (PFA) consisting of push-ups, sit-ups and a shuttle run (beep test).

6

Appointment/Enlistment day

Have a final medical check and join family and friends for the welcome ceremony, before embarking on an exciting new part-time career in the Army Reserve.



“ It’s great to be able to supplement my income with tax-free pay, and get the opportunity to see and do different things that I wouldn’t get anywhere else ”

Simon Chan

Full-time Civilian Banker

Part-time Army Reserve Infantry Soldier

Take next step

Find out more online


Learn more about the roles, opportunities and rewards on the Defence Jobs website:
defencejobs.gov.au/armyreserve


Visit a recruiting centre

Defence Force Recruiting Centres are located across Australia. Find your nearest here:
defencejobs.gov.au/contact-us/find-a-dfrc


Connect with us

 defence jobs australia

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 @defencejobsaust

Chat with a recruiter

Call us on 13 19 01

All information contained in this brochure is to the best of our knowledge accurate at the date of publication – but may be subject to change after publication without notice. Persons intending to act on any information contained within this brochure should first check with their local Defence Force Recruiting Centre whether or not the information is still correct and accurate.



Call 13 19 01 or visit

defencejobs.gov.au/armyreserve

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